

I am Deaf
Let's
talk

ESSENTIAL SIGNS for communicating with a Deaf child at your centre



What?

Take your fist with index finger extended (like making a number 1), hold your fist out in front of you, palm facing forward. Shake your hand side to side a few times.

Where?

Take your open hands, palms facing upwards, to the middle of your torso. Move your hands horizontally apart to your sides (outwards) and then back again.

Hungry

Take your flat open dominant hand, place it on your torso with your palm touching your tummy, and make small circles against your tummy.

More

Make a loose claw shape with your hand. Take your hand to the middle of your chest, fingertips touching the chest, and then move your hand forward slightly out from your chest.

Finish

Take your fists and extend your thumbs (like the gesture for 'good'), hold your fists out in front of your torso slightly apart, then twist the wrists inwards rapidly several times.

Play

Open flat hands, palms facing upwards, hands held out in front. Move your lower arms in vertical circles, your left arm circling clockwise and your right arm circling anticlockwise (mirroring).

Happy

Hold the non-dominant hand at the middle of your torso, palm facing upwards; then put your dominant hand palm facing downwards. Clap the upper palm, move it in a clockwise direction, skin lower palm on its way back around.

Sad

Take your flat dominant hand, bring it to your nose so that your palm is facing sideways and the side of your index finger is touching your nose. Slowly drag your hand down your nose vertically.

Nap

Take your flat hand, place it on the side of your head, and lean your head into your palm.

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